Flesh And The Spirit Differences

The inner and outer man.

Eph 3:16
That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

See Also; (Jer 31:33, Rom 7:22, 2Co 4:16)

1Peter 3:4
But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price.

2Co 4:16
For which cause we faint not; but though our outward man perish, yet the inward *man* is renewed day by day.

The hidden man is not corruptible. Your created spirit.
Flesh worldly words that have no relationship living from the spiritual perspective. Here are some familiar sayings from the flesh.

What a coincidence!
It happened by chance!
Keep your fingers crossed!
Good luck!
It's a gamble.....

The reality of life is in knowing that God has His hand in absolutely everything in all of Creation.
To believe not, is to believe another god is in control.
Humankind lives as a god, but in appearance only.

Your flesh does not relate to God until you relinquish the flesh aspects of your life.
Aspects your spirit does not relate to, but can be lived from through the flesh if willing.

Emotions:
Natural instinctive state of mind deriving from one's circumstances, mood, or relationships with others.
Understanding emotions from the spirit; Instinctive or intuitive feeling as distinguished from logic, reasoning, and knowledge from the perspective of life being pure love in it's reality. Awareness is the key.

Fear:
An unpleasant emotion caused by the belief that someone or something is dangerous, likely to cause pain, or a threat.
Be afraid of (someone or something) as likely to be dangerous, painful, or threatening.
Reality is; understanding, faith, and trust, in our true God, fear is eliminated.

Stress:
A state of mental or emotional strain or tension resulting from adverse or very

demanding circumstances.
Worrying, anxiety, trouble, concern. Opposed to trust, comfort, confidence, peace, and joy, all are of God and our Lord Jesus.
Ego:
A person's sense of self-esteem or self-importance.
The part of the mind that mediates between the conscious and the unconscious and is responsible for (worldly) reality testing, and a sense of personal identity.
In understanding the Oneness of Creation, the ego begins to dissolve. The elimination of judgement and ego tendencies, and it's elimination.

MJI (LightWorker)